

Karachi Rotarian

The monthly e-newsletter of the Rotary Club of Karachi

Season's Greetings!

Karachi Rotarian wishes you all a very joyous new year, and peace, health and happiness for 2026.

 UN
VOLUNTEERS

2026
INTERNATIONAL
VOLUNTEER YEAR



The UN General Assembly has passed a Resolution, proclaiming 2026 as the International Year of Volunteers for Sustainable Development.

In the words of Amina Mohammed, Deputy Secretary-General of the United Nations, "As we look ahead to the International Year of Volunteers for Sustainable Development in 2026, let's acknowledge the vital role of volunteers as change-makers who weave through the fabric of the 2030 Agenda, helping to accelerate action in the second half of our journey. Their commitment shapes a world where sustainable development is not merely a goal but a shared reality we create together."

Rotarians are the very embodiment of volunteerism. Let us then welcome this International Year of Volunteers wholeheartedly, and go the extra mile this year to live the Rotary Mission!

EDITOR'S NOTE

Dear Readers,

Here we are, with the last Issue of Karachi Rotarian for calendar year 2025. I hope you have all enjoyed reading our monthly e-newsletter. Any constructive feedback you can offer to make it even better is always welcome. We will duly consider the feedback and incorporate what is possible. The start of a new year is always a good time to bring about a change, of course, if it is for the better!

Every publication must have defined objectives. For Karachi Rotarians, the objectives can be defined as the 3 I's – Inform, Inspire, Involve. We seek to Inform our members of all that has happened during the month in RCK, and also what has happened in the District of which we are a part. We also hope to Inspire our members, through our reporting, to live the mission of Rotary. And finally, we want to Involve more and more of RCK members in the various projects and initiatives your club undertakes.

At the end of the day, the measure of our success will not be the number of our members, but what we, individually, and we, collectively, have done and achieved to make our world a better place. There can be no greater reward than the spiritual satisfaction of doing Service Above Self.

As we start off a new year, in extremely troubled and volatile times, this is a great time for such introspection and self-realization. Deep reflection will help us find inner strength to meet new challenges, and be even better beings than we may be at the moment.

With my best wishes to all for 2026,



Zohare Ali Shariff
Editor, Karachi Rotarian,
Honorary Secretary RCK, 2025-2026

PRESIDENT'S MESSAGE



Dear Rotarians,

The month of December brings us to the end of an eventful year, as well as the realization that six months have gone by of the Rotary year.

I am happy to report, that during this period under the public service program we initiated a " Drug Awareness Program", which addresses a critical concern at the increasing use of drugs among the youth in our society. In this

context we signed a " Memorandum of Understanding" with a government organization, to collaborate with schools and colleges, and spread awareness about substance abuse. A session was held at the Beaconhouse International College, which was very successful, as the students offered to volunteer for the program to spread awareness. Details are being worked out with them.

Another goal was to focus on poverty alleviation and promote employment generation at the grassroots level. To achieve this goal, we are collaborating with Sindh Microfinance Bank Ltd, and a " Memorandum of Understanding" was signed with them, under which our Artificial Limbs Center (ALC) patients are being assisted in rehabilitation, through small loans for starting businesses and income generation. A number of cases have been forwarded by ALC to the bank, and hopefully disbursement of funds will be made by the end of this month.

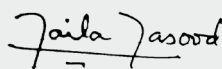
The Environment and Climate Change team has as an initial first step, delivered 5,000 plants, free of cost to institutions, and is actively seeking to collaborate with schools and colleges for their tree plantation drive. A more sustainable program is being charted out for them.

Other goals such as Vocational training and Skills development programs are under active consideration, and will crystallize soon.

The new members inducted in the club have taken the membership number to a total of 251. With this, I would also like to acknowledge the support the encouragement and guidance of the club members, which has been invaluable for me and my team.

On behalf of the RCK Board of Directors, my team and I, wish all Rotarians a happy new year of peace, health and happiness.

Yours sincerely,



Naila Masood
President RCK, 2025-2026

ROTARY INTERNATIONAL PRESIDENT'S MESSAGE

To health and happiness

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.



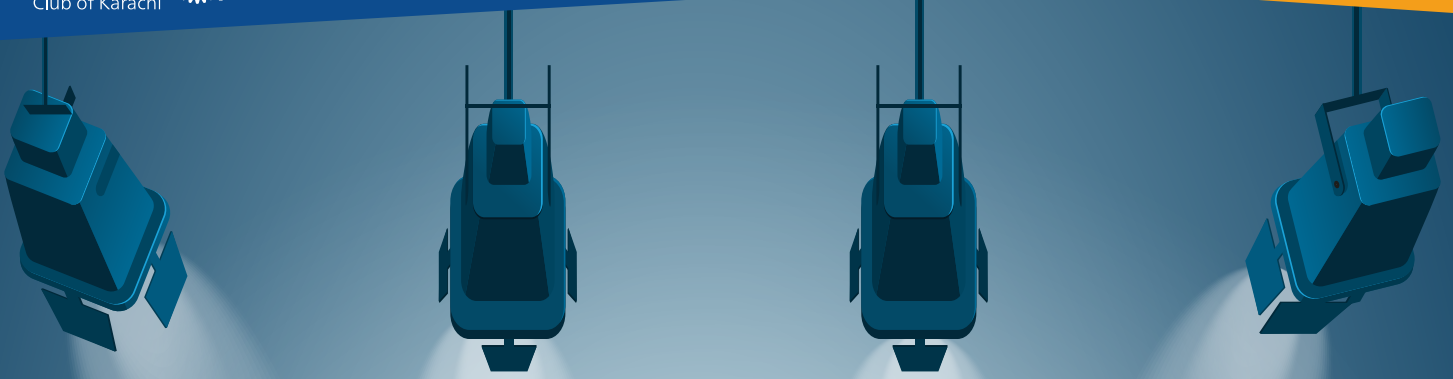
Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McInally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you really?"

As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.

FRANCESCO AREZZO
President, Rotary International





ROUNDUP

WEEKLY MEETINGS

DECEMBER - 2025

● **Week - 01**

December 02, 2025

Dr. Abdul Bari Khan

President of Indus Hospital and Health Network

● **Week - 02**

December 09, 2025

Khalid Anam

Award winning actor, musician, producer, writer and Chairman of President of Pakistan's Artists Welfare Fund

● **Week - 03**

December 16, 2025

Mr. Irfan Soomro

Director General, Liaison Office, Ministry of Foreign Affairs, Karachi

● **Week - 04**

December 23, 2025

No guest speaker this week, as meeting dedicated to AGM

● **Week - 05**

December 30, 2025

No weekly meeting, in lieu of Fellowship Night held on December 6

Guest Speaker

Dr. Abdul Bari Khan

President of Indus Hospital and Health Network



Meeting #	Date	Topic	Participants
21 of 2025-2026	Tuesday, December 02, 2025	From Hospitals to Communities: Scaling Impact beyond Clinical Care	78

Dr. Abdul Bari Khan is a nationally acclaimed healthcare leader and founder of the Indus Hospital & Health Network (IHHN), now operating 10 multidisciplinary hospitals, 4 Regional Blood Centers, 3 Physical Rehabilitation Centers, 100+ primary care sites, and major public health programs. He has served on the Sindh CM COVID Task Force, Corona Emergency Fund, major medical societies, and previously led the Peshawar Institute of Cardiology and served on the PM Health Task Force, DRAP Policy Board, and university senates. A recipient of the Hilal e Imtiaz and Tamgha e Imtiaz, he also holds multiple honorary doctorates, the Eisenhower Fellowship, and several national and international leadership awards.

Meeting Proceedings

- Invocation by Rtn. Dr. Imran Yusuf, followed by the National Anthem.
- Guest Speaker Dr. Abdul Bari Khan, President of Indus Hospital Health Network, invited to the head table.
- Guests welcomed, including Dr. Asif Ali Arain, Cochlear Surgeon at Indus Hospital.
- Birthday greetings: Rtn. Khurram Ali (Nov 26), Rtn. Mohammad Ali (Nov29), Rtn. Samar Ghulamali (Dec 1).
- Wedding Anniversary greetings: Rtn. Shoaib Ali Khan (Nov 27), Rtn. Zafar Iqbal Allahwala (Dec 2).
- Project Updates: 36 new mental health patients last week (total 3,587), 750 dialysis treatments, 70 artificial limb patients served.
- Final registrations for the Rotary Fellowship Dinner on Dec 6 at the residence of Rtn. Mansoor Younus Shaikh.
- Secretary highlighted RCK's partnership with Indus: ICU upgrade at Civil Hospital (Rs. 5m), first Indus blood bank created by RCK, donation of 5 ventilators during COVID, and installation of hands-free water stations.
- DGE Shahzad Sabir shared updates from the Rotary Institute in Genting, Malaysia.
- President introduced the guest speaker, Dr. Abdul Bari Khan, who spoke on "From Hospitals to Communities: Scaling Impact Beyond Clinical Care."
- Presentation of Memento by Trustee Aziz Memon, DGE Shahzad Sabir, PP Talat Tayabji, and PP Ajaz Saya.
- Sunshine Collection: Rs. 89,030 so far; today's collection Rs. 4,200; total Rs. 93,230.

Key Insights from the Talk

1. Pakistan severe healthcare challenges: a 1:1,300 doctor ratio, under 1% of GDP spent on health, 88% out-of-pocket expenses, a top-five global TB burden, and 7% of the world's neonatal deaths.
2. Since 2007, IHHN has expanded to 12 hospitals, providing 2.1 million outpatient visits and 66,000+ surgeries every year, entirely free.
3. Its 100+ primary care sites, including mobile and telehealth units, have served 10 million patients and immunized 1.28 million children.
4. Centers of Excellence deliver 150 daily pediatric chemotherapy sessions, 4,100+ prosthetics, and operate Pakistan's only AABB-accredited blood service managing 3.2 million units.
5. Holistic programs include NourishMom, Madina Residency for cancer families, transport support for pulmonary patients, Indus kay Sitaray, and Pakistan's first hospital-based schooling system.



Guest Speaker Khalid Anam

Award winning actor, musician, producer, writer and Chairman of President of Pakistan's Artists Welfare Fund



Meeting #	Date	Topic	Participants
22 of 2025-2026	Tuesday, December 09, 2025	Creating Space for Artists	64

Khaled Anam is an award-winning Pakistani actor, and leading advocate for children's education, honored with the Tamgha-e-Husn-e-Karkardagi for his contributions to media and children's programming. With over 40 years in television, theatre, music, and educational content, he serves as CEO of Children Education and Entertainment Portal and also served as HOD (MCMS) and faculty at Greenwich University Karachi. He has held senior roles at EMI Pakistan, Indus TV (launching Indus Chotu), and GEO TV, where he created Bachy Maan Ke Sachy and Mangal 2. A pioneer of creative learning, he has produced 1,000+ children's songs, 350+ live shows, adapted 100+ Khul Ja Sim Sim episodes, and earned multiple national and international awards. He is currently Chairman of the President's Artists' Welfare Fund.

Meeting Proceedings

- Invocation by Rtn. Sajid Hanif, followed by the National Anthem.
- Guest Speaker, Mr. Khalid Anam award-winning actor, musician, writer, producer, and President of the Artists Welfare Fund invited to the head table.
- Birthday greetings: PP Mohammad Ovais (Dec 3) and Rtn. Muzzamil Ghafoor (Dec 4).
- Appreciation extended to Rtn. Mansoor Younus Shaikh for graciously hosting the Fellowship Dinner on Dec 6.
- Project Updates: 28 new mental health patients (total 3,594), 700 dialysis treatments, 64 artificial limb recipients, three November BCA sessions completed; first December session on Dec 13.
- Winter Donation Update: Sweaters, caps, shoes, and warm socks distributed to 50 schoolchildren in Mansehra through an RCK-sponsored initiative via the Rotary Polio Resource Center with PNPPC support.
- President introduced Mr. Khalid Anam, who spoke on "Creating Space for Artists."
- Presentation of Memento by PP Ajaz Saya, PP Talat Tyabji, PP Behram Avari, and Rtn. Sheraz Sachedina.
- Sunshine Collection: Rs. 93,230 so far, today's collection Rs. XX; total Rs. XX.

Key Insights from the Talk

1. Culture is shaped primarily by geography; environment, climate, and landscape influence how societies evolve, yet it is often viewed through a religious lens, where beliefs define what is deemed culturally acceptable.
2. True culture must reflect people, not governments or politics.
3. Pakistan today lacks dedicated children's or music programmes across its 100+ TV channels, leaving young audiences without meaningful cultural exposure or learning.
4. Earlier, children's music shows offered creativity, values, and cultural grounding; a gap that now remains unfilled.
5. Theatre, despite stricter censorship than TV or film, plays a vital cultural role as an actor-driven medium central to live artistic expression.



Guest Speaker

Mr. Irfan Soomro

Director General, Liaison Office, Ministry of Foreign Affairs, Karachi



Meeting #	Date	Topic	Participants
23 of 2025-2026	Tuesday, December 16, 2025	Moment of Pakistan internationally and how to maximize this opportunity	87

Muhammad Irfan Soomro serves as Director General, Ministry of Foreign Affairs Liaison Office, Karachi, since January 2024. Previously, he was Chief of Staff to the Minister of Foreign Affairs (May 2022–October 2023). At the United Nations Secretariat in New York, he worked as Senior Intergovernmental and Political Affairs Officer, and also served as Secretary, UN Special Committee on Decolonization, and the UN Statistical Commission, focusing on peacekeeping, nuclear disarmament, and non-proliferation. Mr. Soomro previously served as Programme Officer in UN Peacekeeping Operations, and Deputy Secretary in the Secretary-General's High-Level Panel on Peace Operations.

Meeting Proceedings

- Invocation followed by the National Anthem.
- Guest Speaker, Mr. Muhammad Irfan Soomro, invited to the head table.
- Special welcome extended to visiting Rotarians participating in the National Polio Immunization Days: PDG Kim Khyon (USA), Abigail Barnett (USA), PDG Sohail Naseer, and President Rubina Ali (Rotary Club of Milton, Canada); clubs flags exchange held with President Naila Masood.
- Birthday greetings: Rtn. Mrs. Tanveer Malik (Dec 14), Rtn. Dr. Feroz Ismail and Rtn. Mohammad Iqbal Bilwani (Dec 15).
- Wedding anniversaries: Rtn. Humaira Ahmed (Dec 12) and Rtn. Shumaila Omar (Dec 15).
- Disaster Relief Appeal announced for flood-affected communities in Sri Lanka.
- Project updates: 32 new mental health patients (total 3,626); 730 dialysis treatments; 91 artificial limb patients served; monthly art therapy session held for amputee children.
- Update shared on the inauguration of National Immunization Days (Dec 15–21, 2025) attended by RCK leadership and overseas Rotarians.
- President introduced the guest speaker, who spoke on "Pakistan's Moment Internationally and How to Maximize This Opportunity."
- Presentation of memento to the speaker.
- Sunshine Collection: Rs. 95,230 so far; today's collection Rs. 1,500; total Rs. 96,730.

Key Insights from the Talk

1. Today, we are living the "Pakistan Moment" – militarily, politically, diplomatically
2. A balance of strength and restraint is our hallmark
3. We are at the crossroads of crisis and creation
4. Question before us now, is how to turn this moment into lasting, sustainable benefits
5. Answer is to invest in developing our assets, adopt technology & AI, and innovate and not imitate
6. We need to turn demographic challenge of the youth bulge into a demographic advantage by training our youth and enhancing its skills-set



Annual General Meeting (AGM)

Meeting #	Date	Participants
24 of 2025-2026	Tuesday, December 23, 2025	65

Meeting Proceedings

- Invocation by Aslam Khan, Sergeant-at-arms, RCK, followed by the National Anthem.
- Honorary Secretary made announcements
- Birthday greetings: - Rtn. Ahmed Ali Bawany (December 17), Dr. Nadia Farhan & Haider Naqi (Dec. 18), Jahangir Piracha (Dec. 19), Faisal Mesiya (Dec. 20), Charmine Hidayatullah (Dec. 22), Shabnam Minhas (Dec. 23)
- Wedding anniversaries: Tahir Sharif (Dec. 17), Dr. Feroz Ismail & Noman Saigal (Dec. 18), Shomail Naqvi (Dec. 21), Shabnam Minhas & Minhas Molwani, & Siddique Rahimoon (Dec. 22), Omer Memon (Dec. 23)
- Project updates for last week: 28 new mental health patients; 750 dialysis treatments; 86 artificial limb patients served.
- Visiting Rotarians from USA, taken on tour of RCK Model School Lyari. School project was launched during the tenure of Trustee Aziz Memon as club President. About 4,000 children are being given quality English medium education in this school. RCK members are encouraged to visit the school also.
- Announcement made about inauguration of hand pump in GADAP, funded by RCK.
- **Sohail Mohammadi** and **Muhammad Nasir Khan** inducted as new members.
- Trustee Aziz Memon spoke about the excellent contribution made by RCK members to the **Sri Lanka Disaster Relief Appeal**, with the total collection so far crossing **Rs. 6.7 million**. He appealed to all those who have not still not made a contribution to do so, in order that we hit the target of **US\$ 25,000.00**.
- President Naila Masood then invited President Elect, 2026-2027, Humayun Malik, to announce and introduce his Board for the next Rotary year.

Announcement of Board of Directors of RCK for Rotary year 2026.2027

President Elect 2026-2027, Humayun Malik, came to the rostrum, and with the help of a Power Point presentation, introduced the Board for Rotary year 2026-2027, as given below:

Office Bearers:

President Elect:	Rtn. Rasheed Jan Mohammad - Proposed by PP Mohammad Ovais
Vice President:	Rtn. Aziz Merchant - Proposed by Trustee Aziz Memon, PP Asif Fancy, PP Shahzad Sabir, and PP Mohammad Ovais
Honorary Secretary:	Rtn. Bilal Musti Khan - Proposed by PP Shahzad Sabir
Joint Secretary: Rtn.	Shafqat Ali - Proposed by Trustee Aziz Memon
Honorary Treasurer:	Rtn. Ravi Kumar - Proposed by Trustee Aziz Memon
Joint Treasurer:	Rtn. Aamir Haider Butt - Proposed by PP Shahzad Sabir

Directors:

- PP Asif B. Fancy — Proposed by Trustee Aziz Memon
- PP Anjum Nisar — Proposed by Rtn. Humayun Qureshi
- PP Shoaib Ismail — Proposed by PP Shahzad Sabir
- PP Kazi Asad Abid — Proposed by Trustee Aziz Memon
- Rtn. Raza Tabish Farooqui — Proposed by PP Shahzad Sabir
- Rtn. Amena Khan — Proposed by Rtn. Humayun Qureshi
- Rtn. Abbas Marvi — Proposed by Rtn. Humayun Qureshi
- Rtn. Shabnam Minhas — Proposed by PP Shoaib Ismail

Advisors:

- 2. PDG Akhtar k. Alavi
- 3. DGE Shahzad Sabir

Congratulations were offered to the new Board and group photos were taken.

With that the end came to an end and the Honorary Secretary announced the Sunshine Collection

Sunshine Collection for the day: Rs.3,700; taking the total beyond the Rs.100,000 mark for the year so far, to Rs. 100,430.



INTERNATIONAL DAY OF EDUCATION

JANUARY 24



On January 24, the world marks the International Day of Education, a global observance proclaimed by the UN General Assembly in December 2018. The Day serves as a collective reminder of education’s central role in peace-building, sustainable development, and social cohesion.

For the International Day of Education 2026, the emerging theme, “Learning for Lasting Peace,” reflects a timely and deeply relevant global aspiration, and underscores education’s capacity to nurture understanding, tolerance, and resilience, at a time when societies worldwide face increasing polarization, conflict, and inequality. It reinforces the idea that peace is not merely the absence of conflict, but the presence of informed, engaged, and empowered citizens, an outcome that only education can sustainably deliver.

Education, as articulated by the UN, is a human right, a public good, and a shared responsibility. It extends far beyond classrooms and curricula. Education empowers individuals to break cycles of poverty, advances gender equality, and equips societies to manage conflict, diversity, and change. The 2030 Agenda for Sustainable Development, explicitly recognizes that none of its 17 goals can be achieved without education at their core. Thus, learning becomes the connective tissue linking economic opportunity, civic participation, and long-term peace.

Yet, the global picture remains deeply concerning. According to UN framework data, 244 million children and adolescents worldwide remain out of school, while 617 million lack basic literacy and numeracy skills. These realities underscore why SDG 4 - to ensure inclusive and equitable quality education and promote lifelong learning opportunities for all - remains central to global progress. Education’s impact also intersects with SDG 5 (Gender Equality) and SDG 16 (Peace, Justice, and Strong Institutions), reinforcing its cross-cutting significance.

Within Pakistan, at least 60–67 million people illiterate. Alarming, 38% of children or 26 million are out of school, with a disproportionate number being girls. It is scary to imagine what the future holds for these children. These figures highlight the urgency of sustained investment, policy reform, and community driven solutions to address systemic gaps and ensure equitable access to learning.

Education empowers individuals to break cycles of poverty, advances gender equality, and equips societies to manage conflict, diversity, and change.

Against this backdrop, Rotary’s commitment to education and literacy acquires renewed relevance. Rotary’s global goal is clear: to strengthen community capacity to support basic education, reduce gender disparity, and expand literacy for children and adults alike. Through The Rotary Foundation, this commitment is translated into action; supporting schools in underserved regions, advancing adult literacy initiatives, introducing innovative teaching methods, and ensuring healthy learning environments. These efforts reflect Rotary’s belief in education not as charity, but as an investment in sustainable, community-led progress.



Visiting Rotarians from USA at the PN Model School Lyari, for which a Rotary Grant provided various basic necessities to support the construction and operation of the School

As we observe the International Day of Education 2026, the message is clear: education remains our most powerful instrument for lasting peace and shared prosperity. The responsibility to protect and advance this right rests with governments, institutions, and civil society alike—and with informed leaders who recognize that investing in education is, ultimately, an investment in humanity’s collective future.

RCK ACTIVITIES THIS MONTH

WEEKLY MEETING OF 2ND DECEMBER

Write-up on the weekly meeting of 2nd December, in which the guest speaker was Dr. Bari of Indus Hospital, is already given earlier in this Issue. Here, we just want to highlight some aspects of the deep association of RCK with Dr. Bari & the Indus hospital.

1. On request of Dr Bari, RCK UPGRADED ICU of Civil Hospital, spending Rs. 5 million, when Dr. Bari was working there.
2. The first blood bank in Indus Hospital was made by RCK.
3. During COVID, RCK donated 5 USA made ventilators to Indus Hospital.
4. Hands-free water drinking stations were provided to Indus Hospital by RCK.


RCK remains committed to continuing its support to the Indus Hospital, as and when possible.

ANNUAL FELLOWSHIP DINNER

Rtn. Mansoor Younus Shaikh graciously hosted the annual Fellowship Dinner at his residence on Saturday, 6th December. It was attended by over 80 RCK members, many with their spouses, and also by several other neighbours and guests of the host.

The concept of the Rotary fellowship dinner, is that a group of individuals should unite around a common interest, vocation, goal or recreational activity, with the primary purpose to network and further friendship. The fellowship dinner is an opportunity for club members to meet up informally, for a meaningful, engaging and interactive time together, and essentially to get know each other better.


It was a lovely evening in every way, with a beautiful set-up done inside the house and outside in the garden. People could be seen in enjoyable conversations and an ambiance of great bonhomie prevailed. A buffet dinner which included a wide variety of dishes, was followed by an informal, almost impromptu singing session by the talented Mrs. Midhat Hidayat, wife of RCK member Pir Syed Abdur Razzak Shah Jilani. It was much appreciated by all present.


Rotary
 Club of Karachi

ROTARY CLUB OF KARACHI

Fellowship Dinner

ROTARY CLUB OF KARACHI CORDIALLY INVITES YOU
 ALONG WITH YOUR SPOUSE TO THE ROTARY FELLOWSHIP
 DINNER, GRACIOUSLY HOSTED BY
 RTN. MANSOOR YOUNUS SHAIKH AT HIS RESIDENCE.

 ADDRESS: HOUSE NO. SC7, STREET 12, AFOHS
 FALCON FAISAL (NEXT TO CITY SCHOOL PAF
 CHAPTER, SHAHEED-E-MILLAT EXPY).

DECEMBER

SATURDAY 06 AT 8PM

2025

AN EVENING DEDICATED TO FRIENDSHIP AND
 COMMUNITY SPIRIT.

**LOOKING FORWARD TO A WARM FELLOWSHIP
 GET TOGETHER**

Warm regards,

Naila Masood
 President
 Rotary Club of Karachi



DONATION OF WINTER ITEMS TO SCHOOLCHILDREN IN MANSEHRA

Members will recall the mention in a weekly meeting in November, of the Club's intention to donate winter items to less-privileged schoolchildren in Mansehra, as done in previous years also. This resolve was turned into action, with the donation taking place on 6th December. Sponsored by our club, and with the support of the Pakistan National Polio Plus Committee (PNPPC), the activity was implemented by the Rotary Polio Resource Center, Mansehra.

Fifty school-children received essential winter clothing, including warm sweaters, winter caps, school shoes, and warm socks.

VISIT OF ROTARIANS FROM USA & CANADA

During December, RCK received fellow Rotarians, visiting from overseas. They were:

1. PDG Kim Khiyon, District 6760, USA
2. Abigail Barnett, District 6808, USA
3. PDG Sohail Naseer, Rotary Club of Milton, Ontario, Canada, District 7080
4. President Rubina Ali. Rotary Club of Milton, Ontario, Canada, District 7080

They were warmly welcomed to RCK weekly lunch meeting on 16th December and clubs flags were exchanged.

PDG Kim Khiyon, and Rtn. Abigail Barnett participated in an National Polio immunization Drive, and were also taken on a tour of RCK Model School Lyari. This school project was launched during the tenure of Trustee Aziz Memon as club President, with strong support from a large number of members, and from the Rotary Foundation. Today, over 4,000 children are being given quality English medium education in this school.

INAUGURATION OF NATIONAL IMMUNIZATION DAYS (IDS) 15th to 21st DECEMBER, 2025

The December National Immunization Days (NIDs), scheduled from 15TH to 21st December was jointly inaugurated on 15th December by the Chief Minister of Sindh, Syed Murad Ali Shah, and the Provincial Health Minister, Dr. Azra Pechuho, at C.M.S. Government School, Karachi.

The event was attended by Aziz Memon, National Chair, EOC Coordinator Sindh, Sheryar Memon and two visiting guests from the USA, PDG Kim Khiyon and Abigail Barnett, and Asher Ali, PNPPC, along with other senior officials and partners.



INAUGURATION OF HAND PUMP

An inauguration of a hand pump, funded by RCK in GADAP, was done on 21st December. Providing hand pumps has been a strong feature of RCK activities over the years, especially in polio high-risk areas, which lack clean water.



SRI LANKA DISASTER RELIEF APPEAL

Rotary District 3220, Sri Lanka had reached out to RCK, for support for recovery from the Ditwah Disaster, following the super floods in Sri Lanka. There were urgent humanitarian needs across several affected communities. Collective Rotary action was seen as essential to provide timely relief and support.

With members support, RCK decided to respond strongly to this appeal as the largest Club of District 3271. An appeal was made to members to donate generously, with the first donations being made by all Board members, effectively leading the fundraising drive.

We are proud and humbled that nearly one hundred members responded to the appeal, and an amount of over Rs. 7.5 million was collected, till the last count.

It is to be remembered that at the time of floods in Pakistan a few years ago, our sister club, the Rotary Club of Colombo had also raised a substantial amount for our flood relief work.

MONTHLY ART THERAPY SESSION FOR AMPUTEE CHILDREN AT ALC

An art therapy session was held at our Artificial Limbs Center on Sunday, 15th December. It was conducted by Salma Habib, an NCA graduate, who, though not a Rotarian as such, holds Rotarian values in her heart, as she conducts these sessions once a month, totally as a volunteer.

It is indeed a great humanitarian service, and she engages with the children with love and care. This art therapy helps develop cognitive skills in the children.

A briefing was also conducted for parents, on the process of obtaining a disability stamp on their CNIC. This enables access to concessions, discounts, and benefits offered by government institutions and other organizations. The briefing was conducted by Adnan Tariq, an AKU employee and also a volunteer.

MONTHLY UPDATE ON OUR ONGOING REGULAR PROJECTS

Patients served during the month of December 2025:



ARTIFICIAL LIMBS PROJECT:
Total patients 341



DIALYSIS PROJECT:
3,420 patients provided treatment



MENTAL HEALTH AWARENESS PROJECT:
Total patients - 134

ANNOUNCEMENT OF BOARD OF DIRECTORS OF RCK FOR ROTARY YEAR 2026 -2027

In the weekly meeting of 23rd December, President Elect 2026-2027, Humayun Malik, introduced the Board for Rotary year 2026-2027, as given below:

OFFICE BEARERS



President
Humayun Qureshi



President Elect.
Rasheed Jan Mohammad



Vice President
Aziz Merchant



Immediate Past President
Naila Masood



Hon. Secretary
Bilal Musti Khan



Joint Secretary
PP. Shafqat Ali



Hon. Treasurer
Ravi Kumar



Joint Treasurer
Aamir Haider Butt

BOARD OF DIRECTORS



Director
PP. Asif B. Fancy



Director
PP. Anjum Nisar



Director
PP. Kazi Asad Abid



Director
PP. Shoaib Ismail



Director
Rtn. Amena Khan



Director
Raza Tabish Farooqui



Director
Abbas Marvi



Director
Shabnam Minhas

BOARD ADVISORS



Advisor – Trustee Aziz Memon



Advisor – PDG. Akhtar K. Alavi



Advisor – DGE. Shahzad Sabir



District 3271 News

Rotary District 3271 Rotaract District 3271 UNITE FOR GOOD Central Democratic Rotaract Club of Mirpurkhas Central Democratic

Rotaract Club of Mirpurkhas Central Democratic
Presents

25 ROTARACT MELA DISTRICT 3271
CELEBRATING CULTURE. CONNECTING YOUTH

HONORABLE GUEST
RTN. NOMAN ALI KHAN
DEPUTY GOVERNOR 2025-26
RID - 3271

11:00 AM To 7:00 PM Sunday, 14th December, 2025 Aman Cultural Hall, PVDP Building - Mirpurkhas

Rotaract District 3271 Rotaract Club of Mirpurkhas Central Democratic 03113232721

Rotaract Club of Mirpurkhas Central Democratic organized Rotaract Mela 2025 - District 3271

Release • Reset • Renew

A guided healing session by the sea to help you breathe deeper, feel lighter, and reconnect with your calm.

18th Dec 2025
Turtle Beach, Karachi
8 AM to 4 PM

A Joint Initiative on Mental Well Being by **Rotary Club Climate Avenue** in Partnership with **Counsellor's Bench**.

Facilitated by: **Sonia Nawab**
Counsellor | Psychosocial Therapist | Coach
16+ year experience

Rotary Club Climate Avenue organized a project on Mental Well-Being, under Beach Therapy Session

Rotary Club Pakistan Corporate District 3271 rcpc foundation

Universal Health Coverage in the Climate Era: Rotary's Role in Community Resilience

UHC Day 2025: Innovating Primary Healthcare to Withstand Climate and Economic Crises

Register Now Microsoft Teams

Event Date: 13 December 2025
Time: 7:00-8:00 PM (Pakistan Standard Time)
Duration: 60 minutes

Moderator
Dr Vaqar Ahmed
President Elect, RC Pakistan Corporate, RID 3271

Pat Merryweather Rotary International Vice President 2022-2024
Dr Muhammad Tariq CEO Development Economics International
Dr Zubair Iqbal Ghauri Vice-Chancellor, Bahawalville Pakistana University
Faiz Kidwai Rotary International Director 2022-2024
Imran Ghaznavi Rotaract Zone 18 2022-2026 Chair RYA RID 3271 2025-2026

Strengthening Communities through Resilient Healthcare - #HealthAr1 #ClimateAction #Rotary

Rotary Club Pakistan Corporate hosted a webinar on Universal Health Coverage in the Climate Era

Rotary Club Eagle Hyderabad Free Medical Camp



Rotary International District 3271 leadership met with UNICEF, Chief Field Officer Mr. Prem Bahadur Chand and team, to establish a collaborative partnership.



Rotary Club of Karachi Pearl's Healthy Lifestyle Drive was conducted at Dr. Salima R. Ahmed BPW Quality School, Gharo



RC Mirpurkhas Satellite Town hosted a visit of DG Shakeel Kaim Khani, to Dr Drego Maternity & Child Centre



Rotary club Bolan undertook tree pantation in Staff College Quetta



Rotary Club Karachi Clifton conducted a Tree Plantation Project



Polio Drops Campaign at RC Sanghar Stars



LEADING THE WAY IN DIAGNOSTIC EXCELLENCE

ALL DIAGNOSTIC NEEDS UNDER ONE ROOF

 Pathology Services	 COVID-19 Testing Services	 Ultrasound Services	 Color Doppler Services	 Digital X-Ray Services	 Dexa Scan Services	 Dental OPG xray	 Mammography Services	 ECG/EKG Services	 Echocardiography Services
 Aesthetic Services	 Dental Services	 Physiotherapy Services	 Vaccination Services	 Nutrition Services	 Dermatology Services	 Fitness Academy	 Free Home Sample Collection		



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