

Karachi Rotarian

The monthly e-newsletter of the Rotary Club of Karachi

World Environment Day

June 05



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EDITOR'S NOTE

Dear Rotarians,

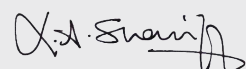
The major club activity in May was the holding of RCK's 93rd Charter Night. This is perhaps the most important club event of the year, celebrated to commemorate RCK being awarded a Charter by Rotary International on May 11, 1933 and effectively being inducted into the Rotary family.

The event this year was even more significant, as the visit to our club by the District Governor, Shakeel Kaim Khani was combined into the Charter Night. Overall, it was a well-organized event and everything went well. Attendance by members was however lesser than expected, which was disappointing.

In this month, we had only 2 weekly meetings, with both speakers delivering very informative and insightful talks. In its 11 issues till now (including this one), Karachi Rotarian has diligently reported on the proceedings and learnings of all the 38 weekly meetings we have had so far in this current Rotary year. It will be good if members take out time now and then to review the learnings and key points from these meetings, as there are many quite profound insights which we will find quite useful for our work in Rotary. There is always food for thought on which we can build!

Finally, for the information of those members who may not already be aware, the new website of RCK is now live. This is our window to the world and all members are encouraged to make contributions to the content, especially for the Blog section on the Home Page. The website can be reviewed at www.rck.org.pk

With best wishes,



Zohare Ali Shariff
Editor Karachi Rotarian &
Honorary Secretary RCK, 2025-2026

PRESIDENT'S MESSAGE



Dear Rotarians and Friends,

May is celebrated in Rotary as Youth Service Month — a time to recognize the importance of nurturing young leaders and empowering the next generation through service, mentorship, and opportunity.

At our club, we strongly believe that today's youth are tomorrow's changemakers. Through our service activities, community engagement programs, professional networking

opportunities, and inspirational events, we continue striving to encourage young people to develop leadership skills, confidence, and a spirit of volunteerism.

This year, our club proudly involved youth and young professionals in various activities, giving them opportunities to participate, learn, and contribute meaningfully to society. By connecting experienced Rotarians with younger generations, we are helping build a future rooted in compassion, integrity, and service above self.

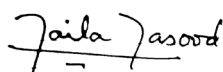
We also remain committed to supporting education, awareness initiatives, and platforms where young voices can be heard and appreciated. The energy, creativity, and dedication of our youth inspire us all and strengthen Rotary's vision for a better world.

Let us continue investing in our young people, guiding them with wisdom and encouraging them to lead with purpose and humanity.

This year in our beach-cleaning drive we joined hands with Rotary Club Roshni and Rotary Club Binae, for the blind. Roshni Club brought young students from Roshni school, and these kids assisted the blind children from the Rotary Club Binae in picking up the trash at the Beach, and this is how they contributed towards the environmental awareness, besides developing compassion for the handicapped people, and experiencing their issues and problems first hand.

I believe this was a very positive and sensitive way to approach a problem of the civic society.

And a very gentle way of inculcating the value of Rotary message "Service above Self".



Rtn. Naila Masood
President 2025-26
Rotary Club of Karachi
District 3271

ROUNDUP

WEEKLY MEETINGS

MAY - 2026

● Week - 01

May 05, 2026

Brig. Tarique Quadir Lakhia
CEO of Sindh Integrated Emergency &
Health Services (SIEHS-1122)

● Week - 03

May 19, 2026

Ms. Shafaq Fauzil Azim
President & CEO of Pakistan Institute
of Corporate Governance (PICG)

● Week - 02

May 12, 2026

No meeting was held

● Week - 04

May 26, 2026

No meeting was held

Brig. Tarique Quadir Lakhiair

CEO of Sindh Integrated Emergency & Health Services (SIEHS-1122)

Meeting #	:	37 of 2025-2026
Date	:	Tuesday, May 05, 2026
Topic	:	The need & response in the Pre-hospital Management Matrix in Sindh, both in emergency and non-emergency healthcare domains
Participants	:	62



Brigadier Tarique Quadir Lakhiair (R), SI(M), is the Chief Executive Officer of Sindh Integrated Emergency & Health Services, bringing over 32 years of distinguished military and strategic leadership experience across international, corporate, and development sectors. His career includes key roles with the United Nations, U.S. State Department, Pentagon, and the African Unity Organization. He also served as Head of Project Site for

Thar Coal Project Block-2 and founding COO of the Thar Foundation, contributing significantly to Tharparkar's socio-economic development under the vision "Thar Badle Ga Pakistan." Since joining SIEHS in June 2023, he has led major reforms in pre-hospital emergency care. His honors include Sitara-e-Imtiaz (Military), the UN Medal of Valor, and the MACWAR Honour Award (USA).

Meeting Proceedings

- Invocation followed by the National Anthem.
- Guests welcomed to the weekly meeting.
- Birthday greetings: Rtn. Farhat Rasheed (May 5).
- Wedding anniversary greetings: Rtn. Abid Nisar (May 1), PP Abbas Lavingia (May 4), and Rtn. Ashok Kumar (May 5).
- Project updates: 53 artificial limb patients served; 650 dialysis treatments provided; 28 mental health patients treated, bringing the total to 4,192.
- Trustee Aziz Memon presented the Club flag to visiting Rotarian Shahid Iqbal from the Leesburg Daybreak Rotary Club, USA.
- Guest Speaker Brig. Tarique Quadir Lakhiair, invited to the head table.
- President introduced the speaker.
- Presentation of memento to the guest speaker.
- Sunshine Collection: Rs. 139,480 so far.

Key Insights from the Talk

The need & response in the Pre-hospital Management Matrix in Sindh, both in emergency and non-emergency healthcare domains

1. Pakistan loses 30,000+ lives annually to road accidents; 90% of trauma deaths occur before hospital admission.
2. The Golden Hour, first 60 minutes after injury is the single greatest determinant of survival.
3. SIEHS (formerly Aman Foundation) grew from 46 ambulances in 2009 to 627+ fleet covering all 30 Sindh districts.
4. 1122 responds in 8–16 minutes, each ambulance equipped with 29 state-of-the-art medical devices.
5. Innovative bike & bicycle ambulances reach areas conventional vehicles cannot.
6. Since 2021: 7.6M lives saved, 125,800+ accident cases, 976+ babies delivered in ambulances.
7. Tele-Tabeeb 1123 offers free 24/7 telehealth; 621,000+ calls answered.
8. Comprehensive EMS training programs offered for community preparedness.
9. Pakistan's CPR training penetration is below 2%; Rotary's network is uniquely positioned to change this district by district.
10. Rotary members are invited to join the Friends of Hope Club for coordinated joint action.



Ms. Shafaq Fauzil Azim

President & CEO of Pakistan Institute of Corporate Governance (PICG)

Meeting #	:	38 of 2025-2026
Date	:	Tuesday, May 19, 2026
Topic	:	The Evolving role of Directors: Embedding sustainability into Boardroom Leadership
Participants	:	68



Ms. Shafaq Fauzil Azim is the President & CEO of the Pakistan Institute of Corporate Governance, where she leads initiatives focused on advancing governance standards, institutional capacity, and stakeholder collaboration. As a Fellow Member of the Institute of Chartered Accountants of Pakistan, she brings over 25 years of experience in corporate governance, audit, quality assurance, and risk management.

She has served on ICAP's Auditing Standards & Ethics Committee and currently serves as an Independent Director on boards of not-for-profit organizations. Previously, she held senior leadership roles at EY Pakistan and Greenstar Social Marketing Pakistan. She is also an IFC-trained faculty member and contributor to governance and ESG-focused institutional publications in Pakistan.

Meeting Proceedings

- Invocation by Rtn. Masood Shaikh, followed by the National Anthem.
- Guests welcomed to the weekly meeting.
- Birthday greetings: Rtn. Altaf Madraswala (May 13); PP Syed Iqbaluddin Ghazi and Rtn. Fiza Ahmed (May 15); Rtn. Asma Zeeshan (May 18).
- Wedding anniversary greetings: Rtn. Fateh Mohammad Shaikh (May 15).
- Project updates: 26 new artificial limb patients served and 30 repairs completed; 720 dialysis treatments provided; 29 mental health patients treated, bringing the total to 4,221.
- A Plantation Drive held on May 11 at Lyari Expressway, in collaboration with Rotary Club Silver Sands and government departments, saw 1,100 saplings successfully planted.
- Members invited to attend RCK's 93rd Charter Night and Fellowship Dinner on May 23 at PC Hotel, also marking the official visit of District Governor Shakeel Kaimkhani.
- DGE Shahzad Sabir addressed members regarding the District 3271 Awards Night scheduled for June 4.
- Guest Speaker Ms. Shafaq Fauzil Azim, President & CEO of the Pakistan Institute of Corporate Governance, invited to the head table.

- President introduced the speaker, who then addressed the gathering on her given topic.
- Presentation of memento to the guest speaker.
- Sunshine Collection: Rs. 140,480 so far

Key Insights from the Talk

1. ESG — Environmental, Social, and Governance factors are central to how companies operate and how investors make decisions.
2. Boards must actively oversee ESG metrics across emissions, diversity, employee welfare, ethics, and data privacy.
3. Under Section 192 of the Companies Act 2017, directors are legally bound to act in the interest of employees, shareholders, the community, and the environment.
4. ESG foresight delivers real business value, driving growth, cutting costs, and attracting investment, backed by \$33.9 trillion in ESG-related assets globally as of 2026.
5. With directors leading and regulators collaborating, Pakistan's corporate sector can build businesses that are resilient, responsible, and sustainable.



RCK ACTIVITIES THIS MONTH

RCK'S 93RD CHARTER NIGHT

The Rotary Club of Karachi celebrated its 93rd Charter Night on May 23, 2026, at the PC Hotel. It was an evening of service, fellowship, and community, that brought together Rotarians and distinguished guests. The evening began earlier with an official visit by District Governor Shakeel Kaim Khani of RI District 3271, from 6:00 pm to 7:00 pm.

RCK members Aamir Butt and Amena Khan took on the joint responsibility of MC duties.

The Charter Night began with the recitation of verses from the Holy Quran, followed by playing of the National Anthem. After this, RCK President Naila Masood delivered her welcome address. She reflected on a year guided by three core principles — diversity, inclusivity, and sustainability, which shaped RCK's work in poverty alleviation, environment, and health. A key milestone was an MOU with Sindh Microfinance Bank to provide microfinance loans to beneficiaries of RCK's artificial limbs project. This will enable the physically challenged people establish sustainable livelihoods. On the environment front, RCK partnered with the Forest Department, Rotary Club Silver Sands, and Community Policing Karachi to carry out a plantation drive.

Drug awareness drives were conducted with Beaconhouse International College and District South, Sindh Police.

Other activities included continuation of ongoing projects like artificial limbs, dialysis, mental health awareness and breast cancer awareness programmes. A ration drive during Ramzan was also carried out and distribution of 450 ration bags to less-privileged families was done.

President Naila Masood also acknowledged the collective effort behind the year's accomplishments, highlighting the support of the Board, senior Rotary leadership, fellow members, and the Club's administrative team. She further announced that the Club had successfully raised Rs. 11 million in corporate donations during the year and proudly unveiled the



newly redesigned Rotary Club of Karachi website, as well as the revival of the Club's monthly newsletter, Karachi Rotarian.

Speeches were then delivered by PDG Akhtar K. Alavi and Trustee Aziz Memon, who shared personal reflections on their journeys with RCK, while DGE Shahzad Sabir and DG Shakeel Kaim Khani addressed the gathering with guidance and vision for the district. The evening's most celebratory segment followed: the presentation of mementos to RCK's Shining Heroes. Two distinguished lists honoured Rotarians with 20 or more years of service, as well as those who had delivered outstanding performance during 2025–26.

Trustee Aziz Memon, DG Shakeel Kaim Khani, DGE Shahzad Sabir, PDG Akhtar K. Alavi, President Naila Masood & Honorary Secretary Zohare Ali Shariff, jointly took to the stage to give away the awards. President Masood also presented a special memento to the District Governor and a bouquet of flowers for the first lady. IPP Shoaib Ismail then delivered the vote of thanks.

The night concluded with a buffet dinner and a live performance by the acclaimed Shahid Ali Sonu, a Pakistan Idol Top 5 contestant, whose voice carried the evening to a fitting and memorable close.



VISIT OF DISTRICT GOVERNOR, ROTARY DISTRICT 3271 TO RCK



As per an established practice, an incumbent District Governor visits all the clubs of the District, during his / her one-year tenure. The turn of the oldest and largest club of District 3271, the Rotary Club of Karachi, for the DG's visit came on Saturday, May 23.

Almost all the members of the RCK Board, except a few who were either traveling or unwell, attended the meeting in a conference room of the PC Hotel, to welcome the District Governor, Shakeel Kaim Khani, who arrived promptly on time. He was accompanied by the District Secretary and the DGE 2027-2028.

President RCK Naila Masood gave a detailed Power Point presentation of the club's programmes and activities. It was an interactive session, with Trustee Aziz Memon, DGE Shahzad Sabir, IPP Shoaib Ismail,

President Elect Humayun Qureshi and PP Mohammad Ovais participating with comments and observations, along with others present also chipping in.

DG Shakeel Kaim Khani was all praise for RCK's activities, and particularly praised the Artificial Limbs Project, which he described as truly one-of-a-kind. He went on to share that he personally had talked about and praised the project all over Sindh, during his visits to different clubs, and as a result, RCK's Artificial Limbs Centre has been increasingly receiving patients from different parts of the Sindh province.

At the end of the hour-long meeting with the DG, he was escorted by the Board members to the Zaver Hall of the PC hotel, where RCK's 93rd Charter Night was being held.



PLANTATION DRIVE

A tree plantation drive, was organized on Monday, May 11, 2026 at Lyari Expressway, for plantation of 1100 saplings of Moringa, Neem, GulMohar and other species, in collaboration with Rotary Silver Sands Club, CPK, the Forestry Department, and the Solid Waste Management Department. The plantation site was dumping site for garbage, and was cleaned for the plantation with the support of Waste Management, and the Forestry Department. The Department also arranged the saplings, water, mud and manure, and manpower for the plantation drive. Saylani Welfare is on board for water bowsers, and Silver Sands Club will monitor the project, on a weekly basis, and file reports.

Children from nearby slums, all of whom attend local schools and madrassas joined in, and took responsibility for monitoring the planted saplings.

On the occasion, President RCK Naila Masood thanked all the participants and organizations of the plantation drive, describing the activity as very productive and fun-filled, with sustainable impact.



JOINT BOARDS MEETING HELD

A joint meeting of outgoing RCK Board for Rotary year 2025-2026 and the incoming Board for year 2026-2027, was held at the PC Hotel on Saturday, May 30. The primary objective of the joint meeting was to streamline the handing over of the Club's operations by the outgoing Board to the incoming Board. The meeting was attended by members of both Boards, led by the respective Presidents and including the Advisors and some of the Directors.

The incoming President. Humayun Qureshi acknowledged the good work of the outgoing Board,

along with a vote of thanks. He then described the vision, goals, and strategic plans of the incoming Board for the new Rotary year starting on July 01, 2026.

Other matters discussed included review of the Club's financial statements, and review and approval of the membership application of Brig. (Retd.) Tarique Quadir Lakhair, CEO of Sindh Integrated Emergency & Health Services (SIEHS), which also operates the Rescue 1122 ambulance service. He was also recently the guest speaker at our club's weekly lunch meeting on May 05.



World Environment Day

June 05



World Environment Day, observed annually on 5 June, was established by the United Nations General Assembly in 1972 following the landmark Stockholm Conference on the Human Environment. First celebrated in 1973 under the theme "Only One Earth," the initiative was envisioned as a global platform to encourage environmental awareness and collective responsibility.

This year's World Environment Day theme is #ClimateAction, stressing that climate change and the environmental concerns are no longer a distant scenario, but our everyday reality. Increasing temperatures, prolonged heatwaves, rapidly melting glaciers, depleting forests, wildfires, air pollution, are all indicators that urgent action is needed, without which, the number of people exposed to harmful air pollution could increase by 50% in this decade and levels of plastic pollution entering marine ecosystems can almost triple by 2040.

The environmental crisis is not limited to climate only, but includes also public health, food, water, biodiversity, and the economy. The depletion of ecosystems, intensifying greenhouse gas emissions, and damaging the ozone layer are literally an existential threat to life on Earth.

Globally, 24 percent of all deaths are caused by environmental factors. Ninety-nine percent of the world's population is exposed to air pollution levels exceeding WHO guideline limits. Due to air pollution, respiratory and cardiovascular diseases are the leading environmental cause of death in Pakistan, accounting for about 135,000-140,000 premature deaths annually. The environmental recovery is not only the responsibility of the government or international organizations. The change requires also individual actions to combat the ongoing climate crisis. We can easily limit the use of single-use plastics, walk short distances instead of driving, plant trees, and save energy consumption, yet the biggest task is to raise awareness.

This philosophy is also in line with the work done on sustainability by Rotary International which has recently added environment as an area of focus. Over the last five years, Rotary has invested \$18 million in global environmental projects like habitat restoration, freshwater conservation, plantation campaigns, sustainable agricultural practices, climate change mitigation, pollution abatement, and environmental education. Through its partnership with UNEP under the Community Action for Fresh Water initiative, Rotary clubs globally are also contributing toward the protection and restoration of freshwater ecosystems.

The Rotary Club of Karachi too has carried out various activities from time to time for environmental protection, including plantation drives, beach-cleaning, and several schemes for providing clean drinking water to communities.

Climate change and environmental degradation are common challenges that must be seen, understood, and addressed as a single global phenomenon. The future of our environment will not be shaped by declarations alone, but by the everyday choices we make, and the collective will we demonstrate to protect the one Earth we all share.

District 3271 News

The month of May saw the visit of District Governor, Rotary District 3271, to several Rotary Clubs. And in spite of the hot summer arriving early, the clubs of the District remained busy in a variety of humanitarian activities in line with the Rotary Mission. We, the Rotary

Club of Karachi, the oldest and the largest club in the District, are always ready to partner with other clubs in meaningful projects and activities. Together we can make a bigger difference!

Grant Management Seminar

Rotary International District 3271

Mode: Virtual
Date: Sunday, May 3, 2026
Time: 3:00 PM – 5:00 PM

Who Should Attend?

- | President Elect
- | Club Grants Chair
- | Other Club Chairs & Members

Benefits

- Learn effective grant planning & execution
- Understand Rotary grant compliance & reporting
- Enhance impact through structured funding
- Strengthen club-level project management

Grant Management Seminar held online on May 03 by District 3271

CREATE
LASTING
IMPACT

Rotary
District 3271



RCK New Central conducted a half-day workshop on career counselling on May 5 for 10th grade students



Visit of DG to Rotary Club of Karachi Darakhshan on May 07



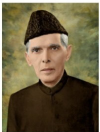
RCK New Central recieved Regional Award by the Trustees of the Rotary Foundation on 9th May at the Polio Orientation Workshop organized by District 3271

Rotary
District 3271

UNITE
FOR
GOOD

Rotary
Club of Karachi
Intracity
District 3271

Rotary Club Karachi Intracity



Event in celebration of 150th Birth Anniversary of Quaid-e-Azam
Quaid-i-Millat Liaquat Ali Khan Memorial Committee
in association with
Rotary Club Karachi Intracity
cordially invite you at an evening
in memory of Legendary Companion of Quaid





May

Sat
16

2026

04:30 PM

Venue: Services Mess Club Road, Near Metropole Hotel, Saddar Karachi

Syed Nasim Shah
President, RCK Intracity

Muhammad Waseem
Secy/V.P.RCK Intracity
0300-9252912

Faiza Fida Abbasi
Treasurer Rotary Club
Karachi Intracity

Event held on May 16 to celebrate birthday anniversary of Liaquat Ali Khan by Rotary Club Karachi Intracity

AI MASTERCLASS

MASTER FUTURE DIGITAL TOOLS

Rotary Club of Roshni Karachi in collaboration with BINAe presents an exciting AI Masterclass to learn powerful techniques for creating content, proposals, captions, and digital solutions smarter, faster, and more professionally.

Who Can Join? Open to **all youth, Rotarians, Rotractors & especially encourage Persons with Disabilities** to join and lead the digital revolution.

Workshop Highlights

- ✓ 100% Free Registration
- ✓ AI Writing & Prompt Engineering
- ✓ GPT vs Gemini Comparison
- ✓ Social Media Content Mastery
- ✓ Free Premium AI Tools
- ✓ Online Interactive Session
- ✓ Viral Social Media Captions

Speaker:
Ali Subhani

Time:
3 PM to 5 PM
17th May 2026

Mode: Online
(Join from anywhere!)

For More Info: [▶](#)

Salman Elahi
0321-2298916

Anita Kirmani
0324-2517766

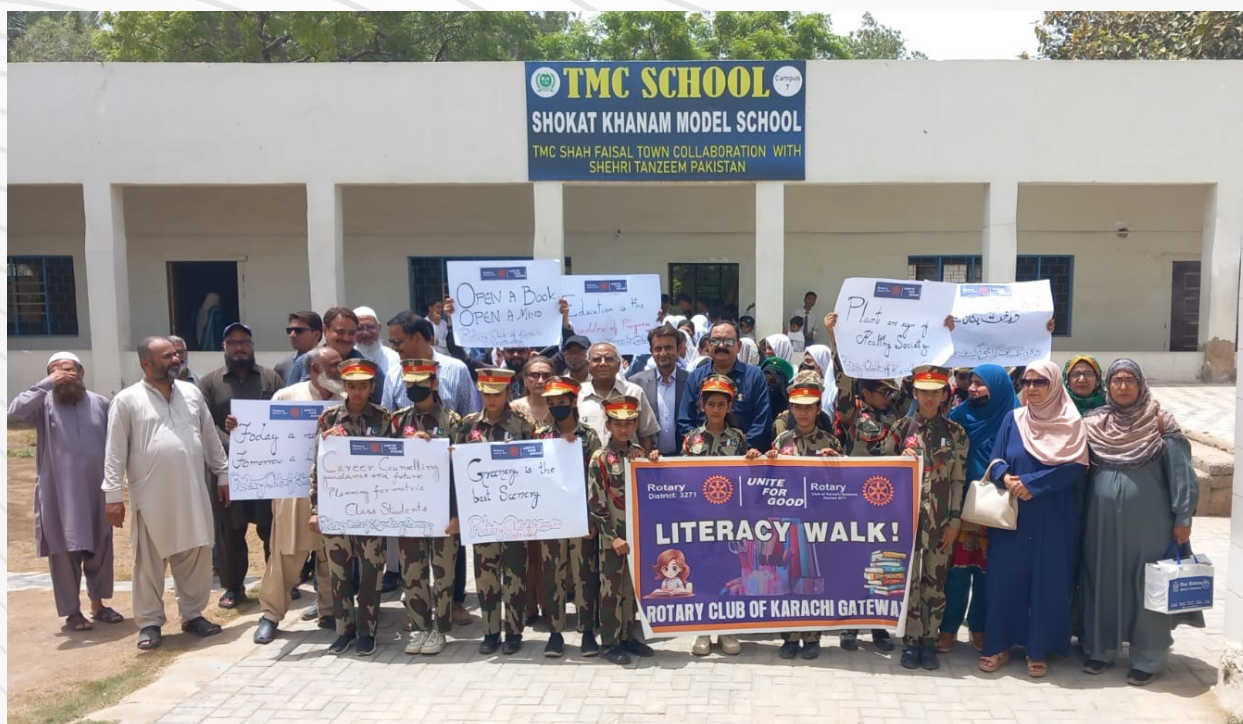
Rotary Club of Roshni Karachi conducted an AI Masterclass on May 17



Visit of DG to Rotary Club of Karachi Elite



Visit of District Governor to Rotsry Club of KARachi Allied



RCK Gateway event on May 13, at a High School at Shah Faisal Town, included Literacy Walk, plantation & career counselling



Visit of DG to Rotary Club Mirpurkhas



Rotary Club of Disability Alliance President, Jawaaid Rais, awarded Tamgha-e-Imtiaz on May 17 by Governor Sindh



Rotary Club of Karachi Silver Sands recognizing municipal workers on Eid ul Azha



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